

The workshop format is to take all Twelve Steps in four one-hour sessions. We use the "Back to Basics" format, which "has created a spiritual renewal by taking newcomers and old-timers alike back to the original A.A. program that produced a 75% recovery rate from alcoholism."

Men and women, newcomers and old timers, all are welcome. You will work with a sponsor or sharing partner through the four-week process.

What do you need to bring?

1. A Big Book, a highlighter, and a notebook

- 2. A commitment to attend all four sessions
- 3. An open mind

Schedule:

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Sat, Sept 9: Session-1, Overview and Step 1
Sat, Sept 16: Session-2, Steps 2, 3, 4
Sat, Sept 23: Session-3, Steps 5, 6, 7, 8, 9
Sat, Sept 30: Session-4, Steps 10, 11, 12
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Questions:

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